

# Study Guide

Sunday April 26, 2020

"Praying for Peace"

## 1. **Philippians 4:4-7**

*Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by **prayer** and **petition**, with thanksgiving, present your requests to God. And the **peace** of God, which **transcends** all understanding, will guard your hearts and your minds in Christ Jesus.*

## 2. **Points to Remember**

- A. Anxiety comes from owning things we cannot control.
- B. Prayer changes us even before it changes our situation.
- C. We know how to pray, but we don't know what we want.
- D. All we need to do is make our requests known to the Lord.
- E. It is when we begin to pray that we experience His shalom.
- F. God's peace is what enables us to transcend our problems.

## 3. **Bible Verses**

Psalms 4:4-5	Offer right sacrifices and trust in the Lord
Romans 12:11-13	Be joyful in hope, patient in affliction, faithful in prayer
John 15:7-8	"Ask whatever you wish"
1 John 5:14-15	If we ask anything according to his will
Isaiah 26:3	You will keep in perfect peace
John 16:33	"I have overcome the world"

## 4. **Discussion Questions**

- A. In times of stress is it easier or harder for you to pray?
- B. What affect does it have on you when you begin to pray?
- C. What is the biggest problem that you need prayer for today?  
*Spend some time and pray for each need*